

# 保良局慈善跑2020

04 JAN 2020 SAT, Temperature : 16°C; Humidity 94%

## Overall Results

Overall Rank	Gender Rank	Category Rank	Cat	RaceCatName	Bib	NameChi	NameEng	OfficialTime
2	2	1	MP	3KM - Men Open (MP)	MP051		Timothy Ho	00:11:20
3	3	2	MP	3KM - Men Open (MP)	MP086	霍禮澤		00:11:58
5	5	3	MP	3KM - Men Open (MP)	MP053	溫孝聰	Wan Hau Chung	00:12:59
7	6	4	MP	3KM - Men Open (MP)	MP095		Billy	00:13:11
14	11	5	MP	3KM - Men Open (MP)	MP031		TSUI KA FAI	00:15:29
18	13	6	MP	3KM - Men Open (MP)	MP084	黃永聰		00:16:23
24	17	7	MP	3KM - Men Open (MP)	Lik		Lik	00:17:26
25	18	8	MP	3KM - Men Open (MP)	MP109	黃寶忠		00:17:38
26	19	9	MP	3KM - Men Open (MP)	MP032	岑鉅倫	Shum Kui Lun	00:17:49
30	20	10	MP	3KM - Men Open (MP)	MP055		TO Nicholas	00:18:28
33	21	11	MP	3KM - Men Open (MP)	MP030	吳志淦	Ng Joe	00:18:55
37	25	12	MP	3KM - Men Open (MP)	MP078	陳志華	陳志華	00:19:26
39	26	13	MP	3KM - Men Open (MP)	三金剛	黃英鵬		00:19:52
40	27	14	MP	3KM - Men Open (MP)	Simy		Simy	00:19:52
41	28	15	MP	3KM - Men Open (MP)	MP037	李樂賢	Lec Lok Yin	00:19:56
45	32	16	MP	3KM - Men Open (MP)	HEWIN	廖衍維	LIU HIN WEI	00:20:20
46	33	17	MP	3KM - Men Open (MP)	MP049		Cheung Chun	00:20:23
47	34	18	MP	3KM - Men Open (MP)	MP028	張錦志	cheung Kam chi	00:20:27
48	35	19	MP	3KM - Men Open (MP)	跑37018	陳子華	CHAN CHI WAH	00:20:38
49	36	20	MP	3KM - Men Open (MP)	CBCSL	何兆良	HO SIU LEUNG	00:20:43
53	38	21	MP	3KM - Men Open (MP)	MP060	歐陽北國	Auyceung 歐陽北國	00:21:07
55	39	22	MP	3KM - Men Open (MP)	MP042	徐浩賢	Tsui Eddie	00:21:11
56	40	23	MP	3KM - Men Open (MP)	MP054	張子揚	Frank	00:21:16
58	41	24	MP	3KM - Men Open (MP)	MP108	Spare		00:21:26
60	42	25	MP	3KM - Men Open (MP)	Andy		Andy	00:21:29
61	43	26	MP	3KM - Men Open (MP)	MP039		Cheng Pak Kei	00:21:33
64	46	27	MP	3KM - Men Open (MP)	MP083	鍾永強		00:21:48
65	47	28	MP	3KM - Men Open (MP)	MP107	Spare		00:21:59
66	48	29	MP	3KM - Men Open (MP)	MP033	周劍鋒	Chow Kim Fung	00:22:08
75	50	30	MP	3KM - Men Open (MP)	MP097		Derick	00:22:41
80	53	31	MP	3KM - Men Open (MP)	MP040	吳子健	吳子健	00:23:12
87	55	32	MP	3KM - Men Open (MP)	MP035	李紹良	LEE SIU LEUNG	00:24:02
88	56	33	MP	3KM - Men Open (MP)	MP100	馮永駿	FUNG Wing Chun	00:24:11
91	57	34	MP	3KM - Men Open (MP)	MP050		Li Man Pok	00:24:25
96	58	35	MP	3KM - Men Open (MP)	MP098	陳敏強	CHAN Man Keung	00:25:22
98	59	36	MP	3KM - Men Open (MP)	MP016	馮國銘	FUNG KWOK MING	00:25:39
99	60	37	MP	3KM - Men Open (MP)	六金剛	紀寬榮		00:25:45
103	62	38	MP	3KM - Men Open (MP)	MP046		Poon Asa	00:26:19
105	63	39	MP	3KM - Men Open (MP)	MP017	連雄	LIN HUNG	00:26:42
118	67	40	MP	3KM - Men Open (MP)	MP103		Wesley Kwok	00:27:49
120	68	41	MP	3KM - Men Open (MP)	MP008	汪忠健	WONG CHUNG KIN	00:27:54
123	70	42	MP	3KM - Men Open (MP)	MP009	胡平石	WU PIN SHEK	00:28:06
128	72	43	MP	3KM - Men Open (MP)	MP034	陳偉樑	Chan Wai Leung	00:29:09
132	74	44	MP	3KM - Men Open (MP)	MP082		William Mak	00:29:24
133	75	45	MP	3KM - Men Open (MP)	MP081		Cecilia Kwok	00:29:25
136	76	46	MP	3KM - Men Open (MP)	MP019	梁慶輝	Leung Hing Fai	00:30:03
140	77	47	MP	3KM - Men Open (MP)	MP022		Lai Tung chai	00:30:32
144	78	48	MP	3KM - Men Open (MP)	MP047		Pau Avan	00:31:17
145	79	49	MP	3KM - Men Open (MP)	MP044		Chan Yu Hin	00:31:18
146	80	50	MP	3KM - Men Open (MP)	MP026		Lai Kin Chung	00:31:28
151	81	51	MP	3KM - Men Open (MP)	MP064	伍福祥	NG FUK CHEUNG	00:32:42
152	82	52	MP	3KM - Men Open (MP)	MP029	吳國榮	NG KWOK WING	00:32:45
153	83	53	MP	3KM - Men Open (MP)	MP096		Ben	00:33:21
154	84	54	MP	3KM - Men Open (MP)	Louie		Louie	00:33:23
155	85	55	MP	3KM - Men Open (MP)	Leung		Leung	00:33:25
156	86	56	MP	3KM - Men Open (MP)	Marco		Marco	00:33:26
158	87	57	MP	3KM - Men Open (MP)	MP058	程鈞驊	Ching Kwan Wa	00:34:05
167	88	58	MP	3KM - Men Open (MP)	MP080	黎房喜		00:34:37
170	89	59	MP	3KM - Men Open (MP)	MP045	黎健汶	LAI KIN MAN	00:36:05
171	90	60	MP	3KM - Men Open (MP)	MP061	王伯適	WONG PAK SIK	00:36:05
177	94	61	MP	3KM - Men Open (MP)	MP101		Lo Steve	00:37:04
180	95	62	MP	3KM - Men Open (MP)	MP102		Lee Jet, Wing Kit	00:37:04
182	96	63	MP	3KM - Men Open (MP)	MP013	戚國雄	CHIK KWOK HUNG	00:37:12
187	97	64	MP	3KM - Men Open (MP)	MP099	黃炳權	OEI Henry	00:39:04
191	98	65	MP	3KM - Men Open (MP)	MP010	陳永昌	CHAN WING CHEONG	00:39:35
195	100	66	MP	3KM - Men Open (MP)	MP052	馮皓然	FUNG HO YIN, BENSON	00:40:22
197	101	67	MP	3KM - Men Open (MP)	MP024	尹錦華	WAN KAM WAH	00:40:36
200	103	68	MP	3KM - Men Open (MP)	MP011	王景頌	WONG KING CHUNG	00:41:20
207	104	69	MP	3KM - Men Open (MP)	MP065	嚴偉強	YIM WAI KEUNG	00:42:01
209	105	70	MP	3KM - Men Open (MP)	MP025	張新發	CHEUNG SUN FAT	00:42:41
216	106	71	MP	3KM - Men Open (MP)	MP002	陳焯明	CHAN CHIRK MING	00:43:59
217	107	72	MP	3KM - Men Open (MP)	MP015	容滿華	YUNG MUN WAH	00:44:01
222	108	73	MP	3KM - Men Open (MP)	MP021	黃志雄	WONG CHI HUNG	00:45:08
224	109	74	MP	3KM - Men Open (MP)	MP014	譚國權	TAM KWOK KUEN	00:46:13
230	110	75	MP	3KM - Men Open (MP)	MP036	林嘉俊	LAM KA CHUN	00:46:25
232	111	76	MP	3KM - Men Open (MP)	MP018	伍鎮聲	NG CHUN SIING	00:46:30
238	112	77	MP	3KM - Men Open (MP)	MP057	陳耀聰	Chan Yiu Chung	00:47:03
239	113	78	MP	3KM - Men Open (MP)	MP012	譚定	Tam Ting	00:47:10
248	114	79	MP	3KM - Men Open (MP)	MP001	伍熾	Ng Chee	00:47:44
250	115	80	MP	3KM - Men Open (MP)	MP056	溫文偉	WAN MAN WAI	00:48:19

255	116	81 MP	3KM - Men Open (MP)	MP020	司徒經創	SETO KING CHONG	00:49:11
257	117	82 MP	3KM - Men Open (MP)	MP007	居新魁	KUI SAN FUI	00:49:56
262	118	83 MP	3KM - Men Open (MP)	MP076	余俊豪	Yu Chun Ho	00:50:55
263	119	84 MP	3KM - Men Open (MP)	MP048	李銳壯	LI RUI ZHUANG	00:50:56
266	120	85 MP	3KM - Men Open (MP)	MP075	蘇志雄	So CHI HUNG	00:51:21
273	121	86 MP	3KM - Men Open (MP)	MP005	蔡炎宏	CHOI YIM WANG	00:54:09
275	122	87 MP	3KM - Men Open (MP)	MP004	周照華	CHOW SAMUEL	00:55:35
276	123	88 MP	3KM - Men Open (MP)	MP059		Hau Cheuk Lun	00:56:36
279	124	89 MP	3KM - Men Open (MP)	MP006	李伯燊	LEE PAK SUN	00:57:08
281	125	90 MP	3KM - Men Open (MP)	大金剛	呂鈞堯		00:57:24
288	126	91 MP	3KM - Men Open (MP)	MP066	呂文灝	LUI MAN HO COLMAN	01:02:21
290	127	92 MP	3KM - Men Open (MP)	MP003	李卓文	LEE CHEUK MAN	01:04:24